



For Immediate Release

Contact: Kim Tassie
John Bailey & Associates
248-362-4200 x243
ktassie@baileypr.com

A School for the Mind and Body Collects Essential Items for Women at HAVEN

Preschool Supports TWO MEN AND A TRUCK® “Movers for Moms” Efforts

Clarkston, Mich. (April 12, 2010) — To celebrate and support all mothers this Mother’s Day, A School for the Mind and Body (SFMB) in Clarkston is joining TWO MEN AND A TRUCK® to make life a little brighter for mothers at HAVEN Shelter through the local movers’ statewide “*Movers for Moms*” program.

Over the next month, preschool students and staff from SFMB will collect essential items for women staying at HAVEN in Pontiac. The types of new items recommended for donation include: health and beauty items such as soaps, shampoos and toiletries; baby necessities including formula and diapers; and kitchen and cleaning products.

“At A School for the Mind and Body we strive to add to our students’ morals and values foundation by teaching the importance of supporting the local community and encouraging them to help those in need,” said Nanci Canine, founder and director of SFMB. “*Movers for Moms* is an invaluable program assisting moms in our community who are struggling. We hope that the donations make their Mother’s Day more enjoyable this year.”

In 2009, the “*Movers for Moms*” program collected more than 6,000 items for women in shelters across the state of Michigan. This year, the moving company and its partnering schools seek to collect more than 10,000 items.

For more information on SFMB, please visit www.schoolforthemindandbody.com. Anyone interested in supporting HAVEN through the “*Movers for Moms*” program can call SFMB at 248-814-7100.

About A School for the Mind and Body

Believing that parents everywhere are looking for an educational environment that will encourage the same life skills and values taught at home, A School for the Mind and Body (SFMB) in Clarkston/Lake Orion offers preschool programs for children ages 2-4 that are dedicated to intellectual, social and personal development. They are a Character Education based preschool with a strong emphasis on nutrition and exercise. In addition to its preschool program, SFMB offers an academically-focused Young 5’s and Kindergarten program and provides tutoring services to meet the specific needs of its students. For more information, visit www.schoolforthemindandbody.com or call 248-814-7100.

###